MONROE COUNTY POLICY: EFC

Page 1

MONROE COUNTY SCHOOLS Monroe County, WV

Board Policy: Sale of Healthy Beverages/Foods During the Instructional

School Day

1. PURPOSE.

The sale or availability of all foods and beverages for students on school premises during the school day must meet the nutritional requirements of WVBE Policy 4321.1 – Standards of School Nutrition

2. OPERATIONAL DEFINITIONS.

- 2.1 School day, as defined by the State Child Nutrition Policy, is the time between the arrival of the first child at school and the departure of the last child at the end of the instructional day.
- 2.2 Healthy beverage means water, one hundred percent fruit and/or vegetable juice, non-fat and/or 1% low-fat milk, and other juice beverages with a minimum of twenty percent real juice.
- 2.3 Healthy snack, according to the Office of Child Nutrition, means a snack that is commercially packaged with nutrition facts and ingredients listed on the packaging; and is less than 200 calories per serving. Nutrition information located on food packaging may be entered into the Office of Child Nutrition food label calculator, located on the Office of Child Nutrition website, to determine if a food item meets guidelines.
- 2.4 Other food and beverages are defined as any food or beverage sold, served, or distributed to students including snacks from vending machines, school stores, parties, and school day fund raising activities, except those served as part of the Child Nutrition Program meals and snacks. Other foods do not include those brought to school by individual students for their own consumption.

3. BEVERAGES / FOODS

- 3.1 During a school day, soft drinks may not be sold in areas accessible to students in an elementary school, middle school or high school through vending machines on the premises, in school stores, in school canteens or through fund raisers by students, teachers, groups, or by any other means.
- 3.2 In elementary school, middle school, and high school, only healthy beverages may be sold in vending machines on the premises, in school canteens or through fundraisers by students, teachers, and groups or by

MONROE COUNTY POLICY: EFC Page 2 MONROE COUNTY

SCHOOLS Monroe County, WV any other means. Nothing in this section shall be construed to prohibit or limit the sale or distribution of any food or beverage item through fund raising activities of students, teachers, or groups when the items are intended for sale off the school grounds.

- 3.3 The sale of healthy beverages shall be in compliance with WVBE Policy 4321.1: Standards for School Nutrition
- 3.4 During the school day, the sale of candy, soft drinks, chewing gum and flavored ice bars are prohibited.
- 3.5 All beverages and foods sold during the school day must have a product nutritional analysis on file in the school's office to verify they meet the nutritional requirements of Policy 4321.1. Periodic inspections of vending machine contents may be done by the Coordinator of Nutrition Services, personnel from the Office of Child Nutrition, or by a Financial Auditor.
- 3.6 All vending machines located in the school shall be under direct management and control of the school and under the overall supervision of the superintendent or designee.

4. SEVERABILITY

If any provision of this policy or application thereof to any person or circumstance is held invalid, such invalidity shall not affect other provisions or applications of this policy.

<u>Adopted:</u> 06/06/94

Revised by Board Action: December 4, 2014

date